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The President

Welcome home from Vacation everyone.

(Velkommen hjem fra ferien alle sammen).

Hope everyone had an enjoyable summer wherever you stayed, whether here in the Desert or traveling.

We are looking forward to a busy fall and winter schedule.

Be sure to look at the calendar and make your reservations when needed.

We had a Board meeting on 8/16/16, and lots of decisions were made for a fun season.

Help is always needed, and here is a list of all positions that you are welcome to run for, or just help out with:

President, Vice President, Secretary, Treasurer, Membership Secretary, Social Director, Cultural Director, Sports Director, Foundation Director, Publicity, Newsletter, Sunshine, Librarian, Telephone Tree, Historian & Tubfrim.

Any position can be shared by two people (or more). Please contact Dottie Bessares



at 760-345-6586 to let her know you are willing to help out.

If you do not have the time, or feel like taking a board position, we are also looking for members to help out at social functions with setup - take down and food service.

Our Festival in March 2017 will also need volunteers, so please start thinking about what you can do for your Lodge.

The new meeting hall at the church should be open for use in the next few months, and we are excited about being able to have our social meetings there.

See you in September.

*Berit Reistad
President*

Happy As Pigs in Pennies

How many full Pink Plastic Pigs will be brought to our November meeting for a weigh-in? You are asked to feed your pigs with pennies ONLY! Bring them to the roundup at our November meeting on the 15th.

The member who brings the pig weighing the most will win a gift card worth \$25 to Panera's.

If you need a pink plastic pig, please let me know and I'll be sure you get one. davidjlutes@yahoo or 760 674-1933

Don't forget to feed your pig daily.

*David Lutes
Foundation Director*



| DATE | EVENT | LOCATION/TIME |
|----------------|------------------|---|
| Sept 8, Thurs | Hardanger | 3:00 RSVP to Phyllis Peterson 760-200-1306 |
| Sept 13, Tues | Business meeting | 3:30 RSVP to Nancy Madson's home call 760-343-0848 |
| Sept 17, Sat | Social | 4:30 Potluck, Hope Lutheran Church |
| Sept 26, Mon | Happy Hour | 4:30 Location check the website or contact David Lutes 760-674-1933 |
| Sept 22, Thurs | Hardanger | 3:00 RSVP to Berit Reistad 760-485-1130 |
| Sept 28, Thurs | Book Club | 3:30 Panera on Dinah shore and Monterey, RSVP to Luella 760-363-7704 |
| Oct 11, Tues | Business meeting | 3:30 RSVP to Nancy Madson's home call 760-343-0848 |
| Oct 13, Thurs | Hardanger | 3:00 RSVP to Connie 760-776-6657 |
| Oct 15, Sat | Social | 4:30 Social, 5:30 Almond Dinner and Almond program |
| Oct 22, Thurs | Hardanger | 3:00 RSVP to Cheryl 760-321-2380 |

| Out of the Valley | | |
|-------------------|-----------------------|-------------------------------|
| Sept 3-5 | Northern Krestsnevner | Camp Norge, Alta, CA |
| Sept 24 & 25 | Viking Festival | Vista, CA check their website |
| Sept 30-Oct 2 | Central Krestsnevner | Beulton, CA |
| Oct 21-23 | Southern Krestsnevner | Banning, CA |

September Birthdays

- 1 Madson Nancy T
- 3 Strom John C
- 9 Fleischner Constance C
- 12 Hendrix Bobby C
- 14 Fleischner MD J R
- 17 Karlsen Edward
- 20 Clymens Noah
- 22 Presley Diane Y
- 25 Candelaria Bianca A

-Hurra for deg som fyller ditt år! Ja, deg vil vi gratulere!

-Alle i ring omkring deg vi står, og se, nå vil vi marsjere.

-Bukke, nikke, neie, snu oss omkring, danse så for deg med hopp og sprett og spring, ønske deg av hjertet alle gode ting og si meg så, hva vil du mere?

-Gratulere!

Book Club Selection—Thursday, September 28, 3:30
Panera on Dinah Shore and Monterey

An Untamed Land by *Lauraine Snelling*

This book really caught my interest. The story starts in Norway with Roald and Ingeborg Bjorklund in 1880 after 3 years of saving they head off to America. After a long trip by boat, train and covered wagon they arrive in Dakota Territory, where they settle on the banks of the Red River. But taming the prairie is not easy. It is a challenging story of survival. At the end of the book I was in tears. Maybe it is a "chick" book but is a wonderful story that enlightens us all to the journey our ancestors went through settling this land, no matter the heritage.

Source Amazon.com

A funny saying by a Norwegian use when a guest visits.

First day a guest

Second day a test

Third day a pest

Book Club

The Book Club Group met at Panera during the summer to discuss their first book, PEER GYNT, by the Norwegian author, Henrik Ibsen. It was a good discussion and whether one liked the book, written in prose, or not, there was no doubt that listening to Edvard Greig's music, Peer Gynt, in the future would take on a new meaning. Luella passed out information sheets for any members working on their Literature pins. We hope many more members will join us in September. Thanks Luella, Berit, Bev, Susan and Dottie for attending.

Luella chose the book, An Untamed Land, by Lauraine Snelling, for our second read. We will meet in September to discuss/review this piece of historical fiction. (It's the story of Roald and Ingelborg who scrimp and save for three years to book passage to America from high above the Fjords of Norway. The promise of free land and a rich new life for their children lures them to America. It will be a long journey by train and covered wagon to Dakota Territory where they settle on the banks of the Red River of the North. They work hard to tame this new land.) Call Luella to let her know that you plan to join the Book Club Group.

*Submitted by
Dottie Bessares*

Oh Happy Hour

We had a good turnout at our last Happy Hour held at Burgers and Beer in Palm Desert. 13 members shared in the good food and talking. Plenty to go around for everyone.

For the month of September, we are planning our Happy Hour at Nicolino's on Date Palm in Cathedral City (35-325 Date Palm Drive).

In an attempt to move our Happy Hour away from our socials, we will meet on Monday, September 26th at 4:30.

Note: this location is tentative since they don't open until September 1st when we will be able to confirm our time and date.

Several members checked at their store in Palm Springs and they didn't think there would be a problem.

There is limited seating so please contact David by Friday, the 23rd. davidjlutes@yahoo.com or 760 674-1933.

*Submitted by
David Lutes*

The Piglets Don't Have Names!!

There is a song about "A Horse With No Name" but we have two little piglets who are nameless. Priscilla and Porky have been busy and had not yet given the piglets names - one boy and one girl.



At our September social you will be asked to help name the piglets. I have gone on line and several members have suggested names - you can add yours if you like. A ballot will be available to make your choice known. No prize, just the satisfaction of knowing you have helped Priscilla and Porky.

*Submitted by
David Lutes*

Preparing for an emergency make sense, so get ready now.

Recommended Supplies to include in a basic kit:

- Water one gallon per person per day
- Non-perishable food
- Flashlight and extra batteries
- First aid kit
- Whistle
- Filter masks
- Garbage bags
- Moist towelettes
- Important family documents
- Prescriptions
- Other family needs

If you have pets, don't forget to store some pet food as well. Store some canned dog food as well as some dry food that you replace when you buy a new bag.

If you are on some prescription, ask your Dr. to get a few sample packages (sealed) that you store in an emergency kit.

If you have kids that might be home alone when a disaster strikes, take advantage of information about "Map your Neighborhood" and inform your kids that a neighbor you don't know might show up to help. Map your Neighborhood is a program where you get to know your nearest neighbors and form a help and rescue team. Resources locally might not be available and complexes might be self-sufficient and in that case, knowing who lives around you is beneficial.

Foundation Director Meets Family

Our District 6 convention was held in June in Loveland, CO. During that time we had an opportunity to meet our new International Foundation Director, Corrie Knudsen. We are honored to have her overseeing our Foundation Programs.



She had an opportunity to meet four members of our Foundation Pigs and heard about their ability to raise funds for the Foundation. She was introduced to Porky (with the bowtie), Priscilla (with the tiara), Gullinbursti (with the glasses and brother of Porky) and Inga (Gullin-

bursti's girlfriend.)

Porky and Priscilla are wards of Solskinn Lodge and Gullinbursti and Inga are wards of Vineland Lodge. Gullinbursti took time from his studies at the University of Oslo to attend the convention.

A \$200 check was presented to Corrie in honor of Porky and Priscilla.

Thank you Corrie for your friendship and dedication to the ideals of the Foundation.

*Submitted by
David Lutes*



Foundation

Priscilla, Porky and the Piglets Foundation Goal Reachable

Although it's been a hot summer for Farmer Johnson's farm animals, enough funds have been coming in the keep Porky and Priscilla feed and happy.



As you know, from repair of their pen, to antibiotics, to feed, it is estimated that it will cost Farmer Johnson about \$1,000 to manage them for the year. Johnson has assured us that funds collected through our lodge will be used for Porky and Priscilla.

Through your generous donations to the Foundation and the feeding of our pink pigs, we have raised \$742 toward our goal.

From Porky and Priscilla ... takk skal du ha, merci beaucoup, danke schon, muchas gracias, grazie, spasigo and THANK YOU!

*Dave Lutes
Foundation Director*

"Pull Up a Chair for Hope"

As the members of Hope Lutheran Church are finalizing their new fellowship hall, there are a number of items needed - chairs, tables, utility carts, etc. The church has been wonderful and supportive of our lodge activities. It is time for us to do something for the church.

Your Board discussed the possibilities of how we, as a lodge, can help. One of the items on the church's wish-list is 400 chairs. We are sure our lodge members can raise the funds to purchase 50 chairs at \$25.00 each. Let's call it, "Pull Up a Chair for Hope."

If you would like to support this campaign, please complete the form attached in your Email or Newsletter and mail it together with your check to:

Nancy Madson.
28351 Via Las Palmas
Thousand Palms CA, 92276-2502

Solskinn Lodge Board Members

Sons of Norway District 6 Hardanger Retreat 2016



Camp Norge's beautiful northern California Mountain setting was the backdrop to a very productive and entertaining Hardanger retreat August 12-14th. This was my first visit to the beautiful campground and I was impressed. I am a veteran camper and I have to say this setting is beautiful with its dense



old-growth pines and beautiful grass meadows! The accommodations are more than adequate and the environment cathartic.



Looking at the "tasks" for a cultural skill medal can seem daunting to some. Beginning the journey with the guidance of skilled teachers and ample time to address and correct errors with the humor of fellow learners makes the process much more enjoyable! Our goals for the weekend were to learn the basic foundations of Hardanger and start, if not finish, the first project of the

first level Hardanger cultural skill medal. Most nearly completed this first project and all stitched diligently from morning till dusk. Our instructors, Luella Grangaard and Cheryl Jensen, taught us "good habits" and patiently guided us through the learning process. Even though I have already completed level one of the cultural skill, I still learned a lot during these two days and came away with renewed bond to my Sons of Norway extended family.



My takeaways from the weekend were the value of well layout of basting stitches, counting threads not holes, starting from the middle, not the top, and stitching with friends is paramount to the project itself. We all agreed that an annual, if not biannual, Hardanger retreat would be welcome! The potential for an adult summer cultural skills camp was met with great enthusiasm and humor! This weekend reminded me that "The time to relax is when you don't have time for it"!



Stor dedrift, gode minner!

*Submitted by
Heidi Albright*



Fall Travel: Experiencing Autumn in Norway

Changing colors. Bountiful berries. Cooler temperatures. Often overlooked due to the appeal of Norwegian summer, fall can be the perfect time to experience a different side of Norway – without summer’s heightened tourist traffic.

For travelers looking to enjoy some of Norway’s outdoor activities without the intensity of the summer sun, autumn is an attractive alternative. Fall marks the beginning of the gradual shift in climate towards winter – the inland areas experience the first drops in temperature, followed later by the coastal areas.

These lower temperatures make for great hiking where wanderers can admire the views and changing colors across the landscape. Travelers can also take advantage of harvesting season by picking berries or foraging for mushrooms along the way – both are popular activities in the mountains and forests during this time of year. Just be sure to bring along a guide book to help with plant identification, as some of these wild finds can be poisonous.

It’s important to note that fall weather can be unpredictable, ranging from sun-filled days, reminiscent of summer, to wet, windy and stormy. So, don’t forget your weather-proof outerwear and be prepared to dress in layers.

With several parks in proximity, Oslo is a great city to enjoy the offerings of Norway’s autumn. From the *Oslomarka* (Oslo forest) just outside the city, to the Palace Park near the Royal Palace, there are plenty of opportunities for travelers to admire the array of colors, watch the falling leaves and capture some stunning photographs.

Norway's Average September Temperatures by City

| | | |
|--------------|--------------------------|-----------------------|
| Tromsø | 54/46 degrees Fahrenheit | 12/8 degrees Celsius |
| Oslo | 58/45 degrees Fahrenheit | 14/7 degrees Celsius |
| Lillehammer | 58/45 degrees Fahrenheit | 14/7 degrees Celsius |
| Trondheim | 56/42 degrees Fahrenheit | 13/6 degrees Celsius |
| Bergen | 60/48 degrees Fahrenheit | 16/9 degrees Celsius |
| Kristiansand | 64/56 degrees Fahrenheit | 18/13 degrees Celsius |

These figures are approximate and rounded to the nearest whole degree.

To learn more, check out the Visit Norway website at visitnorway.com.

Vanilla Cheesecake with Lingonberries and Cardamom Whipped Cream

adapted from <http://alittlezaftig.com>

- 2 lbs cream cheese (room temp.)
- ½ cup unsalted butter (room temp.)
- 1 tbsp vanilla extract
- 1 ½ cup sugar
- ½ cup less 1 tbsp cornstarch
- 7 large eggs
- 2 cups heavy cream
- ¼ cup lemon juice

Berry Topping

- 1 cup fresh lingonberries
- ¼ cup sugar

Cardamom Cream

- 2 cups heavy cream
- ¼ cup sugar
- 1 tbsp vanilla extract
- 1 tbsp freshly ground cardamom seeds

Move rack to upper 1/3 position and preheat oven to 350°F. Beat cream cheese and butter with electric mixer until smooth. Add sugar, vanilla and cornstarch and beat well. One at a time add the eggs, beating between each addition. With the mixer set to low, gradually add the cream and lemon juice. Pour into a buttered 9x13 pan. Place pan in a bain marie (directions below) and bake for 30 minutes. After 30 minutes increase oven temperature to 375°F and rotate cheesecake 180 degrees in the oven. Bake for additional 15 minutes or until the top is a golden brown. Allow cheesecake to cool to room temperature. Carefully run a knife around the edge of the pan to release the cake and invert onto a serving tray. To prepare the topping, sprinkle lingonberries with sugar and stir until sugar dissolves. Allow to rest for 30 minutes. Whip cream, sugar, vanilla and cardamom seeds with electric mixer. Spoon berries and cardamom cream onto each piece of cake and serve.

To make a bain marie, fill a pan one size larger than your 9x13 cake pan with boiling water. Do not fill more than 1/3 the pan. Slowly lower your cake pan into the pan of boiling water, covering the sides of the cheesecake pan half of the way. Add or remove water to reach correct level and place both pans in the oven.

Sons of Norway 25th Annual Weekend Southern California Kretsstevne

Friday, Oct. 21 - Sunday, Oct. 23, 2016

SCK Banning Fall Weekend

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation.



Banning Stagecoach KOA Campground & RV Park

1455 S. San Gorgonio Avenue, Banning, CA 92220

<http://koa.com/campgrounds/banning-stagecoach>

- Play Bingo Friday night and Bid on Silent Auction items Saturday
- Learn some Folk Dances. Enjoy Music, Singing, Heritage Crafts, and Camaraderie
- Cultural Food Demonstrations, Heritage DVD program/movie
- Enjoy Saturday afternoon side-trip to Malki Indian Museum for their Fall Gathering



**** Lodging Options ****

Already reserved

Limited number of RVs (3) and Park Models (3) for rent. Pricing is for two nights

| | |
|--|----------|
| Park Model – bedroom and foldout couch | \$160.00 |
| RV – various sizes and accommodations, TBD | \$125.00 |
| RV space, full hookups | \$ 85.00 |
| Tent space | \$ 55.00 |

Please complete the registration form below and mail with your check made out to:
Southern California Kretsstevne. Mail by October 10 to:



Nancy Madson, SCK Registrar
28-351 Via Las Palmas
Thousand Palms, CA 92276

Home phone: (760) 343-0848
e-mail: norsknm@earthlink.net

----- cut here and mail -----

Name(s) _____ **Lodge** _____

Children _____ **Ages** _____

Phone () _____ **E-mail** _____

SCK Registration Fee – all attendees _____ Adults @ 7.50 each/Family \$15.00 \$ _____
Includes commemorative Rosemaled Kretsstevne pin for adults

| | | | |
|------------------------------------|----------------------------|------------------------------|----------|
| Fri. Night Lapskaus & Salad Dinner | _____ Adults @ \$8.00 each | _____ Children under 12 Free | \$ _____ |
| Sat. Norwegian Vaffler Breakfast | _____ Adults @ \$5.00 each | _____ Children under 12 Free | \$ _____ |
| Sat. Hot Dog in Lefse Lunch | _____ Adults @ \$5.00 each | _____ Children under 12 Free | \$ _____ |
| Sat. Tri-Tip Dinner | _____ Adults @ 12.50 each | _____ Children under 12 Free | \$ _____ |
| Sun. Egg Bake Breakfast | _____ Adults @ \$5.00 each | _____ Children under 12 Free | \$ _____ |

Lodging: Use pricing from above - Circle one

Park Model _____ RV rental _____ RV space _____ tent space _____ \$ _____

TOTAL AMOUNT, check written out to: Southern California Kretsstevne \$ _____

Solskinn Lodge Officers - 2015

| | | |
|----------------------|-------------------|----------|
| President | Berit Reistad | 485-1130 |
| Vice President | David Lutes | 674-1933 |
| Secretary | Luella Grangaard | 363-7704 |
| Treasurer | Nancy Madson | 343-0848 |
| Membership | Beverly Nabors | 323-7179 |
| Social Director | Luella Grangaard | 363-7704 |
| Cultural Director | Sharon Lokke | 834-8144 |
| Editor: | Steinar Johansen | 898-3340 |
| Publicity Director: | Berit Reistad | 485-1130 |
| Counselor: | Luella Grangaard | 363-7704 |
| Sports Director | Ulf Lokke | 834-8144 |
| Sunshine Girl: | Charlotte Larsen | 328-1791 |
| | Linda Lathers | |
| Photographer: | Steinar Johansen | 898-3340 |
| | Miriam Hendrix | 320-9244 |
| Foundation Director: | David Lutes | 674-1933 |
| Tubfrim Chairman: | Norm Larsen | 328-1791 |
| Tel. Tree Chairman: | Dottie Bessares | 345-6586 |
| Historian: | Lorna Albertsen | |
| Assist: | | |
| Camp Norge: | David Lutes | 674-1933 |
| Happy Hour: | David Lutes | 674-1933 |
| Lunch Bunch: | Dottie Bessares | 345-6586 |
| Librarian: | Corrine Bjerke | 360-5229 |
| Auditors: | Norm Larsen | 328-1791 |
| | Debera Ellingboe | |
| | Richard Ellingboe | |
| | Bob Haagenson | |
| | Bob Hendrix | |

September Social

Hope Lutheran Church Social Hall

Saturday, September 17, 2016

4:30 Social

5:30 Dinner

6:15 Program

Potluck Dinner, bring your favorite dish

Program:

**Lodge Names—Explorers Roald Amundsen,
Fridtjof Nansen, Fram and Leif Erikson.**

Here the story!!!!

For further information and RSP to Luella,

760-363-7704 or

email morongo2@verizon.net

Save stamps
for tubfrim
cut 1/4 inch
around the stamp



PO-Box 2207
Palm Desert CA 92260