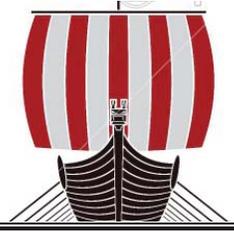


Solskinn



Lodge 6-150

# Solglimt Newsletter



Palm Desert

www.solskinn.org

Editor: Steinar Johansen

November 2014



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## President Message

October has been a very busy month. I have one more commitment for the month in respect to Sons of Norway and that is the Southern California Kretsstevne. Nancy Madsen, Rex Seawright and myself attended the CCK in Buellton. It was a nice event and they had a good turnout.

Then Nancy and I took a road trip on our way to our first District Six Board meeting. We drove up the 99 to Sacramento and made a side trip to do some wine tasting on the way and then spend the day in Placerville focusing on Snowshoe Thompson. David Lutes did a great presentation on who this man was. And while planning our trip I realize Placerville was his starting point in the Sierra Nevada Mountains. We drove from Plymouth over the mountains



to Placerville. It was at times a bit of a mountainous drive. A bit scary for me as the driver. I am not use to mountain driving with my new SUV. Nancy stayed calm as I drove on the center dots "killing all the turtles" so I wasn't too close to the edge. Once we got to Placerville we immediately found a plaque presented to the community by the Yuba City Lodge, Snowshoe Thompson. Next on the side of a building was a mural of Snowshoe Thompson. And last but not least were tried Thompson Snowshoe fries at a local eatery. These were waffle cut fries, I guess they looked like snowshoes served with blue cheese dressing. I guess that was the snow.

Next we head to Sacramento for our Board training on Friday evening and meeting on Saturday. There are lots of wonderful things going on in our district.

Our own Steinar Johansen is on a Social Media committee chaired by Bruce Fihe which is working diligently

to assure that all our district lodges are on face book and have websites. Also there is exciting news about Camp Trollfjell. This camp is going to include much more immersion in its programs of Norwegian language and culture. In addition a 14-17 year old school held at Camp Norge will be introduced this summer. And our next District Six Convention will be held in Colorado in 2016. I will have more to report once the minutes have been sent.

Saturday evening we went to a lutefisk and meatball dinner at Roald Amundsen Lodge in Sacramento. Carol Francis presented a very interesting talk on Svalbard which is on top of the world and part of Norway. The wildlife photos were fantastic.

Thanks to Berit, David, Steinar and Debera and all other members that helped with set up and take down after our lodge meeting. I am sorry Nancy and I were unable to attend but it sounded like everyone had a great time. November will be our Viking social. Come and see a great NOVA presentation on the Viking Sword and enjoy a dinner of Viking dogs, sides and desserts. We hope to see you all then. Bring a friend.

*Fraternally*

*Luella Grangaard*

DATE	EVENT	LOCATION/TIME
Nov 7, Friday	Lunch Bunch	11:30 Backstreet Bistro 72820 El Paseo, PD RSVP to 760 345-6586 or e-mail <a href="mailto:dbessares@verizon.net">dbessares@verizon.net</a>
Nov 9, Sunday	Business meeting	1:00 Morongo Valley Luella 760-363-7704
Nov 13, Thursday	Hardanger	3:00 Patricia 760-832-6225
Nov 15, Saturday	Viking Knitting	3:00 prior to Social Registration required
Nov 15, Saturday	Social	the "Viking Sword" and dinner "Viking Dogs" --Hope Lutheran
Dec 20, Saturday	Social	Christmas Celebration
Jan 17, Saturday 2015	Social/Installation	Daytime brunch, Installation of officers and speaker on ships
Feb 28, Saturday	Rosemaling Class	All day event, registration required
EVENTS OUT OF THE VALLEY		Contact
Oct 31-Nov 2	Southern California Kretsstevne	See District Six Website

### Novmber Birthdays

- 1 Ward Otto Johann
- 2 Reistad Knut Robert
- 6 Bell Claudia R
- 7 Kleitsch Gro M
- 16 Swidler Marit
- 20 Farber Diane Elaine
- 21 Richardson Julie
- 26 Monkress Robert M
- 26 Ward Erica Maien

**Hurra for deg som fyller ditt år! Ja, deg vil vi gratulere!**

**Alle i ring omkring deg vi står, og se, nå vil vi marsjere.**

**Bukke, nikke, neie, snu oss omkring, danse så for deg med hopp og sprett og spring, ønske deg av hjertet alle gode ting og si meg så, hva vil du mere? Gratulere!**



## CLASS: VIKING KNITTING

Saturday November 15 prior to the Social a class will be held on Viking Knitting. Class will be free. Registration required. Call Luella at 760-363-7704 or e-mail [morongo2@verizon.net](mailto:morongo2@verizon.net).

## Rosemaling Class at Solskinn Lodge

Rosemaling Class

Instructor Mardela Ivers

Date: Saturday, February 28, 2015

Location: Hope Lutheran Church

Time: 9-5



Cost for Sons of Norway Members \$50 and non-members \$60, and this includes: Backgrounded oval plate, design traced on ready to paint, and instruction. All instructor fees included and lunch and break.

Reservation by **January 15** and payment must be received by February 1, class limit 20 students. We must have 10 people to confirm this class.

Registration form

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

e-mail address: \_\_\_\_\_

Member of sons of Norway (circle)    yes    no

Enclose fee \$50 member    \$60 non-member

Make checks payable to: Solskinn Lodge

Send to Luella Grangaard, PO Box 832, Morongo Valley, CA 92256

## Secrets of the Viking Sword

Feared throughout Europe, the Vikings were the most ferocious warrior of the Middle Ages. Especially fearsome were the select few who wielded a formidable weapon: a light, razor sharp, virtually indestructible sword with its maker's name ULFBERHT, inlaid along the blade. But who was Ulfberht was, where the sword came from and how it was made remained secrets for more the 1,000 years.

In Secrets of the Viking Sword, Nova launches an epic scientific detective story to discover the answers. Under the microscope the Ulfberht emerges as a stunning technological breakthrough unequaled until the advent of 19<sup>th</sup> century steelmaking. Challenging a master Wisconsin swordsmith to reproduce the sword using the original recipe. NOVA grants viewers a stage-by—stage look at the extreme demands the process places on its maker. Now, how will NOVA's replica fare in a head-to-head contest with a katana, the legendary super weapon of the Japanese Samurai Knights?





## Preikestolen

The famous tourist attraction, Preikestolen, or the Preacher's Pulpit, is getting crowded. In 2014, the renowned cliff received 205,000 visitors due to favorable spring conditions, and in 2015 an additional 70,000 visitors are expected. The steep mountain platform stands 1,982 feet overlooking

Lysefjorden, outside of Stavanger, in western Norway. The "pulpit's" nearly flat surface measures about 82 by 82 feet. Now the tourism association has to figure out what to do with the attraction's immense popularity.

Called one of the world's most spectacular views and natural attractions by Lonely Planet, Preikestolen was formed by a passing glacier around 10,000 years ago, and features a dramatic crack along its plateau. Geologists have confirmed that the plateau will eventually separate and tumble into the fjord, though this will not happen any time soon. Folk tales claim that when seven Lysefjord sisters marry seven Lysefjord brothers, the plateau will plummet, resulting in a deadly tidal wave.

Because of the recent increase in tourism the Preikestolen Foundation is undertaking measures to limit how many tourists may visit the famous cliff at once. "It is quite crowded when there are 500 people up there," says Mayor Ole Tom Guse, in Forsand. He attributes the sharp uptick in visitors to the power of social media and photos of the area's breathtaking landscape. He adds, "The hike up to Preikestolen has come to stay... That is why we eventually have to find a way to regulate the stream of tourists." In 2013, a national scouting camp took place in Stavanger and sent 1,500 scouts per day for four days to the top of the mountain.

Hilde Charlotte Solheim, the Director of Travel and Culture for the commerce federation *Virke*, thinks Preikestolen's popularity is due to a mix of improved facilities and status. A project in 2013 and 2014 helped make the steep paths more user-friendly. Sherpas from Nepal were hired for a six-month project to widen paths and make them a little less rugged. These updates have already resulted in a drastic reduction of hiker injuries and rescue missions, and have helped ease trail congestion considerably.

## Turkey Soup with Norwegian Dumplings

- Turkey bones, skin and scraps (for stock)
- Water
- 1 large onion, chopped
- 2 cups chopped celery, including tops
- Salt and pepper
- Norwegian dumplings
- ½ cups chopped fresh parsley

Place turkey bones and scraps in a soup kettle and cover with water. Leave uncovered and heat to a boil, then slowly simmer for 45 minutes. Add water as needed to keep the bones covered. Strain. Add celery and onion to broth and cook for 15 minutes until tender. Add salt and pepper to taste.

**Dumplings:** Add one at a time to the stock. Cook uncovered for 20 minutes. Add parsley just before serving.

Dumplings:

- 2 cups milk
- 2 Tbsp. butter
- 2 Tbsp. sugar
- ½ tsp. nutmeg
- 1¼-1½ cups flour

In medium pan, combine butter, milk, sugar, and nutmeg and simmer, stirring until sugar dissolves and butter melts. Decrease heat to low and mix in flour. Remove pan from heat and whisk until smooth. Shape into walnut sized dumplings.

## Hot Apple Grog with Blackcurrant, Honey and Cinnamon

(Serves 5), adapted from *newscancook.com*

- 1 quart (1 liter) apple juice
- ¼ lb. (100 g) blackcurrants
- 1 cinnamon stick
- 2 tsp. honey

Boil all ingredients. Sieve and serve.



James Peterson



Phyllis Peterson



Craig Opshal



Yvonne Long



Betty Schwartz



Richard Ellingboe



Gail Ryan, James Peterson, Deberah Ellingboe, Richard Ellingboe



Berit Reistad, Connie Fleichner, J.R. Fleichner

# Foundation

## 1493

Listen carefully. Do you hear them? Those are wedding bells you hear. Thank you for the confidence in the romantic endeavors of Priscilla and Porky, it has now paid off. We will be planning a wedding for this loving couple after the first of the year. You will be receiving an invitation via the newsletter.

How close are we? Well, as of this writing we are \$7 short of our \$1500 goal. FANTASTIC! It has been a great year and with one more dinner/meeting we are sure to reach our goal. We may even have enough funds to send them on a short honeymoon ... probably to a neighboring farm.

There are many expenses associated with married life and raising a family.. We will keep you updated this coming year as to the needs of Priscilla, Porky and their family.

Thank you for helping make this wedding ceremony possible.

*David Lutes  
Foundation Director*

### Total Wedding Costs \$1,500



#### Wedding Ceremony

- Farm – pen rental
- Food/drinks – corn cobs, lettuce, water troughs, etc.
- Attendants – farmers, caretakers

Minister \$300.00

Reception \$400.00

## Solskinn Lodge Officers - 2013

President	Luella Grangaard	363-7704
Vice President	Diane Presley	401-1752
Secretary	Debera Ellingboe	699-7436
Treasurer	Diane Presley	401-1752
Membership	Nancy Madson	343-0848
Social Director	Heidi Albright	449-1632
Cultural Director	Luella Grangaard	363-7704
Editor:	Steinar Johansen	898-3340
Publicity Director:	Berit Reistad	485-1130
Counselor:	Nancy Madson	343-0848
Sunshine Girl:	Charlotte Larsen	328-1791
Photographer:	Steinar Johansen	898-3340
	Miriam Hendrix	320-9244
Foundation Director:	David Lutes	674-1933
Tubfrim Chairman:	John Strom	568-3483
Tel. Tree Chairman:	Dottie Bessares	345-6586
Historian:		
Assist:		
Camp Norge:	Ronna Clymens	951-849-1690
Supper Club:		
Librarian:	Corrine Bjerke	360-5229
Auditors:	Normal Larsen	328-1791

## Solskinn Lodge

### Dinner Social

Saturday, November 15

Hope Lutheran Church Social Hall  
45-900 Portola Avenue, in Palm Desert

4:30 Social

5:30 Dinner: Viking Dogs

Program: **THE VIKING SWORD**

Viking dress optional

\$5/member & \$7.00/non-members—  
with reservations

Pay at door

Call 760-363-7704 and leave a message  
to reserve your spot or e-mail Luella at  
morongo2@verizon.net

around the stamp

cut 1/4 inch

for tubfrim

Save stamps

Steinar Johansen  
1820 N Mira Loma Way  
Palm Springs CA 92262

