



Solglimt Newsletter



Palm Desert

Editor: Steinar Johansen

February 2011



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Ord fra Presidenten

I am so honored to serve as Solskinn Lodge President. I am a relatively new member of our lodge, so I thought I would tell you a bit about myself.

I was born in La Crosse, WI. My fathers' family is of Norwegian descent. I spent a lot of time with my grandma and grandpa Grangaard. Grandpa Grangaard would tell me stories of his mother who was from Kongsberg, Norway. His grandfather immigrated in 1859 from Gol, Norway. My grandmother's father, Erik Ballestad was from Skien and was a Lutheran minister. My great grandmother I know little about except she was from Wisconsin and her brother went to seminary with my great grandfather. So I guess



that is a Sons of Norway genealogy opportunity for me to find out more about Clara Ballestad. We celebrated a Midwest Norwegian Christmas every year at my grandparent's house, but I never tasted lutefisk until my first lutefisk dinner at Solskinn Lodge in 2009.

We moved to Las Vegas when I was in high school. I went to college in Iowa, Colorado and Washington. I completed my internships in Syracuse, NY and ended up in California and have lived in this area since 1983.

I have a bachelor's degree in psychology and a master's degree in Occupational Therapy. As an occupational therapist I help people become independent in their daily activities (or occupations). I have worked at Eisenhower Medical Center for 24 years, where I have managed the department for 19 years. I have volunteered in many professional

organizations and held leadership positions over the years.

I love to learn and to teach both as a therapist and just for the fun of it. That is probably what drew me to Sons of Norway. I want to learn more about my heritage and history and I enjoy using my hands and creativity to make things. So the culture units I really enjoy.

I will work hard with your support so that we can continue to have a great lodge. I hope to see many of you at the lutefisk dinner this month, or participating in our Heritage Day in March or at one of our many culture activities. Please feel free to contact me regarding any issue or just to say hello. My home phone is 760-363-7704, or me at morongo2@verizon.net.

Fraternally,
Luella Grangaard

Norwegian Lunch Bunch

Hog's Breath Restaurant at 11:30
78065 Main Street
La Quinta, CA
Debera Ellingboe 760-699-7436

Solskinn Lodge's Events

February	3	Inez Murdoch's home	3:00 pm Hardanger. Info: 760-346-3934
February	4	Hog's Breath Restaurant	See info on page 1.
February	17	Charlotte Larsen's home	4:30 p.m. Hardanger. Info: 760 328-1791
February	19	Hope Lutheran Church	Lutefisk Dinner. See Flyer in January Newsletter
February	21	Date Palm Country Club	5:30 p.m. Folk Dance Class. Info 760 898-3340
February	28	Date Palm Country Club	5:30 p.m. Folk Dance Class. Info 760 898-3340
March	3	Cheryl Jensen's Home	3:00 p.m. Hardanger Info: 760 321-2380

Thank You LaVonne Wisler

The Lodge Dance group greatly appreciates the assistance Lavonne Wisler of Solskinn Lodge took to locate a venue for the dance class. Lavonne worked with the Date Palm Country Club, her home country club to obtain a room with a great dance floor. This new location has drawn more lodge members, members from the International Dance Group and members of Date Palm Country Club as dance participants. The dance group can actually perform group dances with success and a sense of accomplishment. We are becoming Norwegian Dancers!



Ole and Sven

Two Minnesotans, Ole and Sven, were adrift in a lifeboat. While rummaging through the boat's provisions, Ole stumbled across an old lamp. He rubbed the lamp vigorously and a genie came forth. This genie, however, stated that he could only deliver one wish, not the standard three.

Ole immediately blurted out, 'Turn the entire ocean into Schmidt beer.' The genie clapped his hands with a deafening crash, and immediately the sea turned into Schmidt beer and the genie vanished. Only the gentle lapping of beer on the hull broke the stillness as the two men considered their circumstances.

Sven looked disgustedly at Ole whose wish had been granted. After a long, tension-filled moment Sven said, 'Nice going Ole!Now we're going to have to pee in the boat.'

February Birthdays

1	Johnson Wayne E
17	Ege John R
23	Strandjord Ulf
25	Bjerke Grace

Hurra for deg som fyller ditt år, ja deg vil jeg gratulere.

Alle i ring omkring deg vi står, og se, nå vil vi marsjere.

Bukke, nikke, neie, snu oss omkring, danse for deg med hopp og sprett og spring, ønske deg av hjerte alle gode ting og si meg så, hva vil du mere?

GRATULERE!

Business/Board Meeting

Tuesday, February 8, 4:30 P.M. at Nancy Madson's home in Thousand Palms. All members are welcome

Please RSVP to Nancy, 760/343-0848.

Events Beyond our Valley

February 2011 12 Mesa AZ

Arizona Krettsstevne

February 2011 19 Yuma AZ

Yuma Scandinavian Festival. Sola Lodge 6-168

Southland Past Presidents' Club Announces Deadlines for Scholarships

The Southland Past Presidents' Club (SPPC) is announcing that the deadline for applying for half scholarships (\$375) to Camp Trollfjell (Language & Heritage Camp at Camp Norge by Alta, CA) for the two week camp is April 1, 2011.

Applicants must be a child or grandchild of a Sons of Norway member from District 6's Zone 5 or 6. Applicants must be between the ages of 8 to 13 inclusive **and have already applied to Camp Trollfjell following their application process.** If accepted at Camp Trollfjell, the up-front fee will be refunded to the applicant's parent or grandparent. Transportation is at the expense of the applicant. The applicant cannot be the recipient of any other scholarship to Camp Trollfjell for the year 2011.

Applications must be made on a **post card only**, stating the applicant's name, age and birth date, the reason for wanting to attend camp, and his or her telephone number including area code. The post card must be postmarked **no later than April 1, 2011.** The post card must be mailed to Carolyn Peterson, SPPC Secretary, 1428 Ellsworth Circle, Thousand Oaks, CA 91360. Winners will be determined by lottery (drawing) on April 9, 2011 at Peer Gynt Hall, at the SPPC Spring meeting on that date.

Camp Trollfjell - Language and Heritage Camp

Camp Dates: July 10 to 23, 2011

Camp Cost: \$750 per child

Criteria: Ages 8 to 13 at time camp begins

Must be a child, grandchild or great grandchild of a Sons of Norway District Six member in good standing.

Application:

www.campnorge.com/Camper%20Application1.html

Must be mailed to the registrar with a \$375 deposit any time prior to May 1, 2010.

It is the intent of the Camp Director to accept all who apply if adequate staff is available.

If additional information is needed, contact the Camp Registrar.

Sharee Frost, Camp Registrar

10882 Leecrest Court

Nevada City, CA 95959

(530) 478-0980

registrar@trollfjell.org

Please contact Solskinn lodge officers, Luella Grangaard 760-363-7704, David Lutes 760-674-1993, or Nancy Madson 760-343-0848, if any Solskinn Lodge member has family that might be interested in Camp Trollfjell and the "campership" opportunity.



Folk Dance Group

Our Sons of Norway Folk Dance group met January 3 at 5:30 at the Date Palm Country Club. Steinar is our teacher. We're progressing and having a lot of fun, as you can observe by the pictures. Our next class will be February 21st. Please come join us for an enjoyable evening.



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Norwegian Table Prayer as sung by Solskinn Lodge

*I Jesu navn går vi til bords,
Å spise, drikk på ditt ord.
Deg Gud til ære, oss til gavn
Så får vi mat I Jesu navn.*

1) By "Google Translate"

In Jesus' name we go to dinner
To eat, drink your words.
Thee God to honor us for the benefit
So we get food in the name of Jesus.

2) Nancy's literal translation

In Jesus' name, we go to the table,
To eat (and) drink upon thy word.
To God the honor, us the benefit.
So for our food, in Jesus' name.

3) From a table prayer tile by Jacky Briggs 1992

In Jesus' name to the table we go,
To eat and drink according to His word.
To God the honor, us the gain.
So we have food in Jesus' name.

4) From Desert Fjord's (Scottsdale, AZ) newsletter

In Jesus' name we take our place,
To eat and drink upon Thy grace.
To Thy honor and our gain,
We take our food in Jesus name.

*submitted by
Nancy Madson*

5) After the meal we would sing this with the same melody

For mat og drikk her du gav,
for din velsignelse derav,
for daglig brød fra faderhånd,
lær oss å takke ved din Ånd.

*Submitted by
Steinar Johansen*



Sons of Norway Founders' Day walk participants, David Lutes, Nancy Madson, Luella Grangaard, Debera Ellingboe, and Laura Picking, walked at Westfield Palm Desert January 16, before the mall opened. The "Bighorn Behind a Miracle" walk was a fundraiser to help breast cancer patients in the Coachella Valley. To commemorate Sons of Norway Founders' Day, participants wore their Solskinn Lodge name badges and/or Norwegian t-shirts. Founders' Day commemorates the day that 18 young men founded Sons of Norway in 1895 as a mutual benefit society.

Palm Springs Film Festival

We are so fortunate to have this film festival in our area. This is the 22nd year since Sonny Bono began the festival, and I have been there most of the years. This year I saw 24 films, and I enjoyed them all.

The Norwegian film, A Somewhat Gentle Man was one of my favorites. It was filled with wonderful Norwegian dry humor. Ulrik, the gentle man, had been in prison for 12 years. He deals with everything in a calm, non-confrontational way until he finds a way to not deal with "the gang" any more, that claimed they had supported his family while he was in prison.

The Swedish film, Simple Simon, dealt with a boy with Asperger's syndrome, which is a form of autism. Simon is staying with his brother, Sam, who has a girlfriend. The girlfriend can no longer deal with the chaos Simon creates and leaves. Simon doesn't like changes, so he comes up with the perfect plan of finding a new girlfriend for his brother.

The Angel, which refers to heroine, (because it makes the user's problems that can't be dealt with fly away for a time) was a Norwegian story of addiction and dysfunctional families. Several folks in the audience told of their being recovering heroine addicts. During a question and answer session afterwards, we met two members of the cast and the director, who explained that drugs are a big problem in Norway now.

The films I went to included films from Norway, Austria, China, Colombia, Czech Republic, Finland, Denmark, France, Germany, India, Ireland, Israel, Peru, Sweden, Switzerland, Thailand, Turkey, UK, Viet Nam and US.

*Submitted by
Miriam Hendrix*

Music Group starting Part Two: The 19th Century: Edvard Grieg and Contemporaries

At the end of the 18th and beginning of the 19th centuries, Europeans experience great political upheaval (e.g. the French Revolution 1789, the Napoleonic Wars 1789-1814). One consequence in several countries particularly Norway, was the emergence of strong nationalistic feelings. Norwegian composers, writers/dramatist, and other artists found inspiration, themes, ideas, and native expression in deeply-rooted Norwegian folk music and folk tales. The following musicians, among many others, had an affinity for and an understanding of Norway's folk music traditions and incorporated those traditions in the 19th century Norwegian music:

Johan Svendsen (1840-1911)

Rikard Nordraak (1842-1866), composer of the Norwegian national anthem, with words by author Bjørnstjerne Bjørnson; Ja, vi elsker dete landet (Yes, We love This Land of Ours)

Edvard Grieg (1843-1935), composer, concert pianist, conductor

Johan Halvorsen (1864-1935), concert violinist, conductor, composer

Excerpt from Sons of Norway Culture Skills Unit 14

Next meeting is March 13, 2011. For Further information call Luella at

760-363-7704 or morongo2@verizon.net

Solnedgang Supper Club Pictures

What a lively and fun-filled evening we all had at Cafe Scandia, January 27. We had a record crowd of 28 folks. Here are two photos of our group. We almost filled the restaurant. Everyone enjoyed the meal and sharing time together.



New Foundation Director



Allow me to introduce myself. For those who have not met me,

I'm David Lutes, the new lodge Foundation Director. Remember, the little Pink Pigs that many of you took home to feed, it's time to bring them back to be emptied.

The Sons of Norway Foundation provides our members, their families and our community with benefits that includes scholarships, grants for cultural activities, and humanitarian relief.

Grants are available in various amounts to foster our Norwegian culture and heritage – folk dancing, music, rosemaling, hardanger, literature, woodcarving classes, and more.

Give your Pink Pig the best feed possible – coins! You don't want to carry around that heavy change. Bring your Pink Pig to the next meeting to be emptied.

Your contributions will be tabulated and are fully tax deductible.

Valentinsdagen

In Norway, Valentine's Day has become a very important part in the social calendar for many, especially younger folks. In Norway, according to the legends, the sight of birds mating is a sure sign of spring and love. So Valentine's Day in Norway has become associated with that, and Norwegians tend to look for birds especially on February 14. Spring celebrations and Valentine's Day celebrations have become interlinked over the years. In Norway's big cities like Oslo on February 14 you can see stores displaying red hearts and other Valentine goodies.

Gledelig Valentin Dag til dere alle.

Thank you

to the lodge members who made food for our last social. Soup was provided by Miriam Hendrix, Charlotte Larsen, Debera Ellingboe and Connie Fleischner. Dessert and flat bread was provided by Nancy Madson and cookies by Luella Grangaard. Thanks to David Lutes for his service in the kitchen for set up and Heidi Albright for greeting and signing in members as they walked in. And to all the rest who helped make our last social successful. And a special thanks to all the members who displayed items at our knitting table.



David Lutes and Donna Lenander



Corrine Bjerke, Claudia Bell



Bob Haagenson



Glenn Bell



JR



Richard Ellingboe



Ingrid Kristiansen



Judith A England

February Supper Club

Our Sons of Norway Supper Club (Solnedgang) has been visiting great restaurants, enjoying good food and having a wonderful time together. We are having a late Valentine's Day evening at a Wine Shop & Bistro. This wine cellar restaurant is unique and has a remarkable display of up to 1000 bottles of wine from which to choose. Choose from the selections when you arrive. They have waived the \$5 corking fee.

Place: 3rd Corner

73101 Hwy. 111, Palm Desert
(located at the corner of Hwy. 111/Hwy. 74, behind Panera's)

Website: www.3dcorner.com

Thursday, February 24 at 5:00 p.m.

Menu: Dinner salad,
choice from 3 entrees (grilled pork chop,
1/2 roasted chicken, penne pasta),
coffee

Price: \$28 (including tax and gratuity.) Please
bring cash for the dinner, since there will
be just one bill.

Remember that we collect \$1 per person to donate
toward half "camperships" to the District's Language and
Heritage Camp for kids

**Reservations: Miriam Hendrix
760-408-9900
or
Junelle Pearson
760-799-1131**

Ole and Sven

Ole and Sven are out in the woods hunting when suddenly
Ole grabs his chest and falls to the ground.
He doesn't seem to be breathing ; his eyes are rolled back
in his head.
Sven whips out his cell phone and calls 911.

He gasps to the operator, "By t'underin , I tink Ole is
dead by golly! What shud I do?"

The operator, in a calm soothing voice says,

"Just take it easy and follow my instructions. First, let's
make sure he's dead."

There is a silence..... and then a gun shot is heard.

Sven comes back on the line : "Okay, now what?"

Book Review

The Last Word on Lutefisk: True Tales of Cod and Traditions by Gary Legwold

This book provides lots of insight into Lutefisk in Norway and in the US. For example:

- That most of the fish imported into the US is Ling which is the cousin to the cod. The reason, the US market prefers a whiter more consistent colored fish and it is cheaper.
- As early as 874 AD Norwegians traded the stockfish (dried cod) in Western Europe for grain, honey and cloth.
- Most of the 4,000 tons of "stockfish" produced in Norway each year is exported, 500 tons stays in Norway most of it goes to Italy.
- Did you know that cod tongue is considered a delicacy?
- One pound of stockfish swells to 7-8 pounds of lutefisk.
- Lutefisk is first mentioned around 1536 in history books by Olaus Magnus.

This book also reviews lutefisk dinners across the US. As well as lutefisk humor. This is an easy read and increases your knowledge of the lutefisk you have grown up with and have taken for granted. Source for purchase, Amazon.com.

*Submitted by
Luella Grangaard*



Donna Lenander, Luella Grangaard, Sandra Kennedy

Literature Blog New To Solskinn Lodge!

Do you like to read? Have you read any Norwegian Literature or North American Norwegian Literature literature? Would you like to tell someone about it? Or just discuss a book? You don't have time to join a group or meet at someone's home? Join the Solskinn Literature blog at www.Solskinn.org/blog. Tell us about your book and we can discuss it online. To join the lodge blog please contact Luella at morongo2@verizon.net.

Solskinn Lodge Officers - 2011

President	Luella Grangaard	363-7704
Vice President	Nancy Madson	343-0848
Secretary	Ronna Clymens	464-3893
Treasurer	Richard Ellingboe	699-7436
Financial Secretary	John Strom	568-3483
Social Director	Debera Ellingboe	699-7436
Asst. Social Director:	Berit Reistad	346-6222
Cultural Director	Luella Grangaard	363-7704
Editor:	Steinar Johansen	898-3340
Publicity Director:	Berit Reistad	346-6222
Counselor:	Nancy Madson	343-0848
Trustee:	Richard Selle	863-4898
Trustee:	Norman Larsen	328-1791
Sunshine Girl:	Charlotte Larsen	328-1791
Photographer:	Steinar Johansen	898-3340
	Miriam Hendrix	320-9244
Foundation Director:	David Lutes	674-1933
Tubfrim Chairman:	John Strom	568-3483
Tel. Tree Chairman:	Donna Lenander	365-6886
Historian:	Marie Maher	346-2066
Assist:	Claudia Bell	340-3992
Camp Norge:	Ronna Clymens	464-3893
Supper Club:	Miriam Hendrix	320-9244
	Junelle Pearson	771-9711
Musician:	Louise Selle	863-4898
Librarian:	Corrine Bjerke	360-5229
Auditors:	Bob Haagenson	324-3992
	Glenn Bell	340-3985

February Social

Lutefisk Dinner

(Including meatballs)

Saturday, February 19, 2011

Hope Lutheran Church Social Hall
45-900 Portola Avenue, Palm Desert

5:00 Social

6:00 Dinner, one seating

\$20/person reservations required.

For further information call

Debera Ellingboe 760-699-7436

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Steinar Johansen
1820 N Mira Loma Way
Palm Springs CA 92262

