



# Solglimt Newsletter



Palm Desert

Editor: Steinar Johansen

March 2010



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## Ord fra Presidenten

Tusen Takk to all who helped with another successful lutefisk dinner. It takes a lot of work to feed so many people. Thanks to those who helped set-up on Friday; to those who prepared, cooked, and served on Saturday; and those who helped with clean-up. The behind the scenes



work of planning, solicitation of volunteers, taking reservations, purchasing food and supplies, baking lefse, cakes, and flatbrød takes many, many volunteer hours. Those volunteers deserve extra kudos. Organizers – Harriet Candelaria, Debera Ellingboe, Luella Grangaard. Reservations – John Strom. Lefse makers – Charlotte Larsen, Luella Grangaard, Harriet Candelaria, Jan Rommereim, Steinar Johansen, Nancy Madson. Dessert and flatbrød – Nancy Madson. Chief lutefisk cook was again - Walt Wisler. Note that Debera and Richard Ellingboe were new to this endeavor this year and did a great job. Thanks to everyone.

LATE BREAKING NEWS! Nidaros Cathedral Boys' Choir will be performing for us on Saturday, March 27 at 3 P.M. at Hope Lutheran Church. This is a once

in a lifetime opportunity to see and hear one of Europe's finest boys' choirs, that is unless you travel to Trondheim, Norway and are fortunate enough to catch a performance there. Their previous USA tours were in 2008, 2006, 2003, 1998, and 1996. The only other time in California was their performance in 1998 at the Crystal Cathedral that was

televised on NBC to 130 countries. DO NOT MISS THIS; bring friends, family, and neighbors. For information on the choir, see [www.nidarosdomensguttekor.no](http://www.nidarosdomensguttekor.no). If you miss the performance on Saturday, you can see them at the Crystal Cathedral on Palm Sunday or in the Phoenix area March 31 to April 3.

Another event not to be missed is our first **Scandinavian Heritage Day** on Saturday, March 20. See the flyer inside and the article by Luella Grangaard on page 4. This event is taking the place of our usual dinner social, so again, bring friends and family. Note, too, our numerous opportunities for cultural activities with our folk dance and Hardanger embroidery sessions. We truly have something for everyone this month.

*Fraternally,  
Nancy Madson*

## Hardanger Embroidery Sessions

3:00 – 5:00 P.M Thursday, March 11  
Call Connie Fleischner 760/776-6657

5:00 – 7:30 P.M. Wednesday, March 24  
Call Nancy Madson 760/343-0848

3:00 – 5:00 P.M. Thursday, March 25  
Call Cheryl Jensen 760/321-2380

# Solskinn Lodge's Events

March	8	Miss Tanya's Dance World	Folk Dance Class. Come and join us
March	11	Connie Fleischner House	Hardanger Embroidery Session (Afternoon Session)
March	20	Hope Lutheran Church	Scandinavian Heritage Day
March	22	Miss Tanya's Dance World	Folk Dance Class. Come and join us
March	24	Nancy Madson	Hardanger Embroidery Session (Evening session)
March	25	Cheryl Jenson	Hardanger Embroidery Session (Afternoon Session)
March	27	Coachella Valley Museum	International Day
March	27	Hope Lutheran Church	Nidaros Cathedral Boys' Choir
April	18	Hope Lutheran Church	Knut Erik Jensen Piano Concert. Tickets \$10.00
April	24	Hope Lutheran Church	Potato Bar Dinner (4th Saturday)
May	15	Hope Lutheran Church	Cold Food Potluck/smørbrød 17 mai Celebration
June	19	Hope Lutheran Church	Midsummer (St. Hans Aften) event with VASA
September	25	Hope Lutheran Church	Potluck
October	16	Hope Lutheran Church	20th Anniversary Celebration
November	20	Hope Lutheran Church	Potluck Dinner
December	TBA	Hope Lutheran Church	Christmas Party

## March Birthdays

2	Haagenson Venita D
3	Larson Genevieve J
4	Waldeland Beryl A
10	Osmer Elizabeth Risdahl
17	Picking Luke
18	Nelson Don O
23	Arneson Dolores A
31	Thu Lettie

Hurra for deg som fyller ditt år, ja deg vil jeg gratulere.

Alle i ring omkring deg vi står, og se, nå vil vi marsjere.

Bukke, nikke, neie, snu oss omkring, danse for deg med hopp og sprett og spring, ønske deg av hjerte alle gode ting og si meg så, hva vil du mere?

**GRATULERE!**

## Lefse for sale

Contact Jan Rommereim

760/668-6836

Jan.rommereim@gmail.com

## Business/Board Meeting

Tuesday, March 9, 4:30  
at Nancy's home.

**Any member is welcome.**

Board members please attend.

Please RSVP to Nancy, 760/343-0848, if you haven't attended recently.

# Events Beyond our Valley

March	13	Arizona	Arizona Krettsstevne
April	17-18	Cal Lutheran University	Thousand Oaks, Scandinavian Festival
May	17	San Bernardino	Flag Raising Ceremony, City Hall
June	23-26	Modesto CA	District 6 Convention
Aug - Sept	29-1	Coeur d'Alene, Idaho	International Convention
September	17-19	Pine Cove, near Idyllwild	Southern California Krettsstevne
September	25-26	Norge Lodge	Viking Festival
October	1-3	Buelton (Near Solvang)	Central California Krettsstevne

## Norwegian Folk Dance Sessions

Monday, March 8, 5:30 P.M.  
Monday, March 22, 5:30 P.M.

We are currently still beginners, so feel free to join us.

We are working on a three step Reinlender and a simple Waltz step, in preparation for a circle type dance.

Miss Tanya's Dance World  
Golden Star Plaza  
74-350 Allesandro Street  
Palm Desert



## Viking Ship Decorations

The Viking Ships Table Decoration was made by my son Rick Reistad the first year SON 6-150 Palm Desert came to be. I was the Charter President, and in need of something to put on the tables at meetings. He came up with the idea, designed them and made them. As you can see they are still in existence even after a lot of re-gluing and re-painting.

*Berit Reistad*  
Charter President SON 6-150 Palm Desert



John Strom's comment to this picture was; Those are my lodge working clothes and headgear

## Knut Erik Jensen Tickets now on Sale

Pianist Knut Erik Jensen will be performing the Nordic Elegance concert at Hope Lutheran Church on Sunday April 18<sup>th</sup> at 3:00. Tickets available at \$10.00 each. For further information call Luella Grangaard home 760-363-7704, work 760-773-2955 or e-mail morongo2@verizon.net

# Scandinavian Heritage Day

Come and join the fun. Learn about the cultures. Learn about genealogy and Scandinavian travel opportunities. There will be vendors with Scandinavian Merchandise. The vendors include Freya Boutique from Solbakken lodge, Kristen of Copenhagen, Swedesign, and Joanne Hultstrand with her beautiful Norwegian Rosemaled items. Volvo of the Desert will be there to show you what Scandinavian design offers in an automobile. There will be opportunities for you to experience culture and folk arts. Folk art demonstrations include: Hardanger embroidery, knitting, Rosemaling and wood carving. Taste Scandinavian food specialties and watch food demonstrations. There will be a meatball, vegetable, and potato lunch available as well as a specialty cheese and flat bread plate. Various Scandinavian sweets will be available, also. There will also be rosette, lefse and æbelskiver demonstrations. Throughout the day there will be films of travel, culture, Vikings, and entertainment. Scandia Gammeldans will entertain with accordion and Hardanger fiddle music, and the Swedish Folk Dance Club of Los Angeles will perform. Louise Selle will perform several Grieg piano selections. Also there will be games and Scandinavian arts and crafts for children.

We need volunteers to make this work. All volunteer commitments are only 2- to 2 ½ hour slots. We still need people to help sell beverages, Krumkake and the lite lunch. And lastly we need a few volunteers to help with children's games. It is not a big commitment but it goes a long way to support the lodge and promote our heritage.

**To help or questions contact Luella Grangaard at [morongo2@verizon.net](mailto:morongo2@verizon.net) or home phone 760-363-7704 or work 760-773-2955.**

We look forward to seeing you there as a participant and/or as a volunteer.

## Norwegian Culture Skills Program

Sons of Norway's **Norwegian Cultural Skills Program** is a self-paced course in Norwegian art and culture for members only. There are currently 14 adult programs in topics ranging from rosemaling to genealogy. The Norwegian Cultural Skills Program gives members the opportunity to explore the Norwegian culture within a lodge-sponsored group, or as a self-study course that individual members can work on at their own leisure

### The Four Tracks:

Members can work along four tracks of achievement: the Generalist Track; the Specialist Track; the Master Track, and the Mentor Track.

The **Generalist Track** allows the member to learn a little about many

Norwegian cultural skills. This is the track a member would choose if they would like to "sample" several Norwegian cultural skills.

Example: You may want to learn a little about Norwegian wood carving, Hardanger, Norwegian literature and Norwegian cooking. By completing one part of each of these different skills (generally Part I of the unit), you will be a "generalist" in one or more skills. The member will be awarded the Generalist pin with bar indicating what skill was explored.

The **Specialist Track** offers the lodge member the opportunity to learn in

depth about one (or more) of the cultural skills of Norway. Example: by striving to complete all 3 parts of a skill such as woodcarving, music or Hardanger, the member becomes a specialist in that skill and will earn the Specialist pin and bar recognizing that particular skill and as well as a bar indicating the level of completion. A member can change tracks from Generalist to Specialist at any time.

The **Master Level Track** provides recognition for the member who completes all three levels of at least 3 different skills as a Specialist, or nine individual basic activities as a Generalist or a combination of Specialist/Generalist. There are 3 levels in the Master Track: Bronze, Silver and Gold. The bronze, silver and gold bar will hang from a very special Master's pin.

The **Mentor Track** provides recognition for the lodge member who wants to

share their knowledge with others and/or guides other members through the Generalist or Specialist Tracks as defined in the Cultural Skills Program units.

### The Awards:

The Norwegian Cultural Skills Program awards members that successfully complete the levels with beautiful recognition pins and bars that indicate their levels of achievement. The units cover a broad range of interests including genealogy, rosemaling, cooking, literature, and many more. All required materials are sent to the Sons of Norway Headquarters, they are reviewed and pin/bar awards are sent to the lodge Culture Director or designated person for presentation at a future lodge program. Please allow 6 – 8 weeks for pins to arrive.

### Cultural Skills Informational Brochure

A complete description and list of cultural skills is available at [www.sonsofnorway.com](http://www.sonsofnorway.com) or a brochure can be requested from your District Cultural Director or the Sons of Norway Headquarters (800-877-4299). The brochure describes the Cultural Skills program and shows examples of the pins and bars awarded to members who complete the requirements. Master copies of the individual units can be mailed to you by calling 800/877-4299.

Any additional questions about the Cultural Skills program can be answered by contacting Luella Grangaard at 760-36307704 or [morongo@thegrid.net](mailto:morongo@thegrid.net). Currently we have two lodge sponsored groups including Hardanger and Norwegian dance.

*Submitted by  
Luella Grangaard*

## Flatbread Recipe served at lutefisk dinner

I won't call this flatbrød, as I'm pretty sure that this is an Americanized version. I don't think my great grandmother had "Total" breakfast cereal in Norway. That reminds me of a story. You know that Norwegians have breakfast of meats, cheeses, breads, etc. Breakfast cereal is a rather recent addition to their breakfast food selection. Twenty some years ago, a Norwegian relative family came to the States. Their American relative hosts served Cheerios breakfast cereal to the youngsters. Dag (pronounced something like dog) started to cry. He leaned over and whimpered to his mother, "De er føring oss hundemat." "They are feeding us dog food." True story.

I received this recipe from Margaret Swanson, current president of Soldalen Lodge #67, in Redlands, who brought it to Southern California Kretsstevne a number of years ago. She got it from the 100<sup>th</sup> Anniversary (1993) Cookbook of Trinity Lutheran Church, Thief River Falls, MN.

*Nancy Madson*

### Total Cereal Flatbread or Cracker

2 cups white flour  
2 cups oatmeal  
2 cups *Total* cereal (crush finely after measuring)  
¾ cup sugar  
½ tsp. salt  
2 sticks margarine  
¾ cup warm water with 1 tsp. baking soda

Mix the first 5 ingredients. Cut the margarine in with a pastry blender/cutter, as in making a pie crust. Add water with soda to the mixture. Mix well and chill eight hours or overnight. Roll very thin (using both a regular and grooved rolling pin) on a floured cloth. Transfer to a cookie sheet using a lelse stick or a long, flat spatula. Cut into squares with a knife or pastry wheel. Bake for 9 minutes in a 350 degree oven. Transfer to a rack to cool.

## NORWAY'S BOYS' CHOIR TO APPEAR HERE

THE WORLD FAMOUS NIDAROS CATHEDRAL BOYS' CHOIR FROM TRONDHEIM, NORWAY WILL PERFORM MARCH 27, 2010 AT 3:00 P.M AT HOPE LUTHERAN CHURCH, 45-900 PORTOLA AVENUE, IN PALM DESERT. THIS PERFORMANCE IS SPONSORED BY SOLSKINN LODGE OF SONS OF NORWAY. A FREE WILL DONATION WILL BE TAKEN.

SUGGESTED DONATION IS AT LEAST \$10.00 PER PERSON.

THE NIDAROS CATHEDRAL BOYS CHOIR IS THE OLDEST BOYS CHOIR IN NORWAY AND REPRESENTS A 900 YEAR LONG TRADITION OF BOY SINGERS IN THE NIDAROS CATHEDRAL. THE TOUR CHOIR CONSISTS OF 40 BOY SINGERS AGES 9-13 AND 20 MEN SINGERS WHO WERE FORMERLY MEMBERS OF THE BOYS CHOIR.

HER ROYAL HIGHNESS PRINCESS MÄRTHA LOUISE OF NORWAY IS THE PATRON OF THE CHOIR. OFTEN SEEN ON NORWEGIAN TV AND HEARD ON NATIONAL RADIO, THIS CHOIR ALSO PERFORMS FOR CHURCH SERVICES, FESTIVALS AND LOCAL ARRANGEMENTS IN THE HOME CITY OF TRONDHEIM. IN 2001, THEY WERE APPOINTED AS ONE OF THE FIFTEEN EUROPEAN CULTURAL AMBASSADORS BY THE ACADEMY OF EUROPEAN CHOIRS.

THIS INTERNATIONALLY CELEBRATED CHOIR SINGS ACAPPELLA PIECES FROM GREGORIAN TO MODERN MUSIC AND LARGER PIECES FOR CHOIR AND ORCHESTRA. DURING THE PAST DECADE, THE NIDAROS CATHEDRAL BOYS' CHOIR HAS RECORDED TWELVE CDs AND OTHER RECORDINGS. PROFESSOR BJØRN MOE HAS BEEN CONDUCTOR OF THE CHOIR SINCE 1973. HE IS A PROFESSOR AT THE UNIVERSITY OF TRONDHEIM CONSERVATORY OF MUSIC AND IS WELL KNOWN AS ONE OF THE LEADING CHOIR TRAINERS IN EUROPE. THE ACCOMPANIST IS PROFESSOR ERLING WITH AASGÅRD, CATHEDRAL ORGANIST.

WHILE IN THE USA, THEY WILL PERFORM SEVEN CONCERTS IN THE LOS ANGELES AND PHOENIX AREA AS PART OF A CULTURAL EXCHANGE BETWEEN NORWAY AND THE USA, ARRANGED BY CARROL T. JUVEN, NORWEGIAN CULTURAL TOURS OF FARGO, ND.

## An Irish Toast

Long live the Irish!  
Long live their cheer!  
Long live our friendship  
Year after year.

There are good ships  
And there are wood ships,  
The ships that sail the sea.  
But the best ships are friendships,  
And may they always be.

## Happy Saint Patrick's Day

*From Vegas Viking  
Submitted by Nancy Madson*



## Solnedgang (sunset) Supper Club

It will be at "Shanghai Inn" at  
6:00 PM on Tues. 23 March.

It is in Country Club Village Near  
Albertsons on Monterey.

Call Richard Selle to R.S.V. P.  
760-863-4898

## Editor's Corner

There are two ways to send the editor information for the newsletter:

Email: jo60nor@dc.rr.com

Mail: Steinar Johansen  
1820 N Mira Loma way  
Palm Springs CA 92262

Note: My email address contains the number sixty.

Cell: 898-3340

I am looking forward to receiving information for the newsletter.



Nancy Madson and her Hardanger piece that garnered a second place ribbon at the Riverside County Fair



Debera Ellingboe received her skills pin for Norwegian Cooking

### Single Premium Deferred Annuity Rates

<u>Deposit Amount</u>	<u>Current interest rate</u>		<u>First Year interest Bonus</u>		<u>Total 1st year return</u>
\$ 10,000 - \$ 24,999	3.70%	+	1.00%	=	4.70%
\$ 25,000 - \$ 49,999	3.90%	+	1.00%	=	4.90%
\$ 50,000 - \$ 99,999	4.15%	+	1.00%	=	5.15%
\$100,000 - \$249,999	4.25%	+	1.20%	=	5.45%
\$250,000 and over	4.25%	+	1.65%	=	5.90%

Cerificates are credited a first year interest bonus from 1.00% to 1.65%(1% in Oregon) in addition to the current interest rate. The total first year return above includes the current interest rate and the first year interest bonus. Current interest rates are subject to change.

Contact: Dennis Burreson, (800) 448-2499 or  
Email: res03knl@charter.net

## Solskinn Lodge Officers - 2010

President	Nancy Madson	343-0848
Vice President	Steinar Johansen	898-3340
Secretary		
Treasurer	Ronna Clymens	464-3893
Financial Secretary	John Strom	568-3483
Social Director	Debera Ellingboe	
Asst. Social Director:	Luella Grangaard	363-7704
Cultural Director	Luella Grangaard	363-7704
Editor:	Steinar Johansen	898-3340
Publicity Director:	Luella Grangaard	363-7704
Counselor:	Vaughn Simon	203-0279
Trustee:	Richard Selle	863-4898
Trustee:	Norman Larsen	328-1791
Marshal:	Shirley Severtson	202-8214
Asst Marshal:	Sandra Kennedy	366-8486
Greeter:	Inez Murdoch	346-3934
Greeter:	Beverly Espedal	360-8104
Sunshine Girl:	Charlotte Larsen	328-1791
Photographer:	Steinar Johansen	898-3340
Foundation Director:	Vaughn Simon	203-0279
Stamp Chairman:	Lois Strom	568-3483
Tel. Tree Chairman:	Donna Lenander	365-6886
Historian:	Marie Maher	346-2066
Musician:	Louise Selle	863-4898
Auditors:	Bob Haagenson	324-3992
	Glenn Bell	340-3985

## Solskinn Lodge March Social

No social this month due to the

## Scandinavian Heritage Day

March 20

at Hope Lutheran Church

See Attached Flyer

Save stamps  
for tubtrim  
cut 1/4 inch  
around the stamp

Steinar Johansen  
1820 N Mira Loma Way  
Palm Springs CA 92262

