



# Solglimt Newsletter



Palm Desert

Editor: Steinar Johansen

November 2010



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## Ord fra Presidenten

Wow, we did it. We celebrated our 20<sup>th</sup> Anniversary. Solskinn Lodge was instituted on October 27, 1990. Eight Charter Members and about 60 members, dignitaries, visitors, and guests attended the celebration on October 23 at Desert Princess Country Club. From the response so far, it was a very nice event. We will be doing a critique to see what we can do better or different for our 25<sup>th</sup> Anniversary in 2015. That just seems like so far away; but, you know, when that day comes we'll probably say that it seems like we just celebrated our 20<sup>th</sup>!

See photos of the event on page 6.



We have so much to offer members this season. Besides the Hardanger embroidery sessions and the Norwegian Folk Dance sessions, we've added Rosemaling classes and Norwegian Music Cultural Skills sessions.

There is a Brunch and Movie event this month in addition to our monthly Social. Please be thinking of someone who can join you for the Brunch and Movie event. The brunch is free to you (and your guest) if you bring a prospective new member. But the \$5 cost is a bargain even if you don't have a prospective new member to bring.

The monthly social will be earlier than in the past. The

social hour begins at 4:30 and dinner will start at 5:30 instead of 6:00. We will have a visitor from the Las Vegas lodge giving a program on his Grandmother, the famous singer and composer, Peggy Lee. Although she didn't sing Norwegian music, we will appreciate the artistic endeavors of this famous Norwegian-American. You know her music – Fever, Big Spender, Is That All There Is? Don't miss this. Also, we will have a short presentation on Digitizing Genealogical Records.

In the Spirit of Thanksgiving, which like Christmas, is steeped in tradition, I'd like to share an advertisement from Merrill Lynch. (I think this applies more to Sons of Norway than to a brokerage firm.) *The true wealth of a family lies in the traditions passed from generation to generation.* Enjoy this month's events, and have a Happy Thanksgiving.

Fraternally,  
Nancy Madson

## Norwegian Brunch See Page 7

## Folk Dance Class

**Monday, Nov. 8, 2010 at 5:30,**

at Tri-Palms Estate Club House. It is located in Thousand Palms, Directions: Take Ramon Rd east over the I-10 freeway, and go through the Monterey Ave intersection. Take next right which is San Miguelito Dr to the end and there you see the club house.

Come and have fun with us there. We will start from the beginning.

# Solskinn Lodge's Events

November	6	Hope Lutheran Church	Rosemaling Class 9:00 A.M.
November	6	Hope Lutheran Church	Norwegian Brunch & Movie 11:00 A.M.
November	8	Tri-Palms Estate Club House	Norwegian Folk Dance Class 5:30 P.M.
November	9	Nancy's Home	Business Meeting 4:30 P.M.
November	14	Nancy's Home	Norwegian Music Culture Skill Session
November	18	COD	International Day
November	18	Connie Fleischner's Home	Hardanger & Fiber Arts. 2:30-4:30 P.M.
November	20	Hope Lutheran Church	Potluck Dinner. Digitizing Genealogical Documents Program "Peggy Lee", my famous Norwegian American grandmother, "David Foster"
November	22	Tri-Palm Estate Club House	Norwegian Folk Dance Class 5:30 P.M.

## September Birthdays

5	Egger Stephanie
6	Bell Claudia R
14	Laurvik Astrid M
16	Swidler Marit
21	Richardson Julie
22	Loken Don
26	Monkress Robert M

Hurra for deg som fyller ditt år, ja deg vil jeg gratulere.  
Alle i ring omkring deg vi står, og se, nå vil vi marsjere.

Bukke, nikke, neie, snu oss omkring, danse for deg med hopp og sprett og spring, ønske deg av hjerte alle gode ting og si meg så, hva vil du mere?

**GRATULERE!**

## Ole & Lena Joke

One Sunday morning, the Lutheran pastor noticed Ole standing in the foyer of the church staring up at a large plaque. It was covered with names and small American flags mounted on either side of it. The old Norwegian had been staring at the plaque for some time, so the pastor walked up, stood beside Ole, and said quietly, "Good morning, Ole."

"Good morning Pastor," he replied, still focused on the plaque. "Pastor, vat is dis?" The pastor said, "Well, it's a memorial to all the men and women who died in the service." Soberly, they just stood together, staring at the large plaque. Finally, Ole's voice, barely audible and trembling with fear, asked, "Vich service, da 8:00, 9:30, or the 11:00?"

*From Oct. 2010 Sundford Sun  
Submitted by Nancy Madson*

## Paŕ Presidents



Berit Reistad, Else M Jacobs, Norman Larsen, Vaughn Simon, Nancy Madson

## Business/Board Meeting

**Tuesday, Nov. 9, 2010 at 4:30**

At Nancy Madson's home in Thousand Palms  
All board members should attend; any member may attend as a guest. 760-343-0848 for directions

Please RSVP to Nancy

# Events Beyond our Valley

February 2011 12 Meza AZ

Arizona Krettsstevne

February 2011 19 Yuma AZ

Yuma Scandinavian Festival. Sola Lodge 6-168



Luella Grangaard receives her Master Skill Pin from Lodge President Nancy Madson



Lodge members receiving their 20 year member pin. From left: Nancy Madson, Anne Blodgett, Norman Larsen, Marie Maher, Berit Reistad, Miriam Hendrix, Helen Lewis, Else M Jacobs (22 year)



Debera Ellingboe and Luella Grangaard receive their Tusen Takk award for wonderful lodge work. Congrats....



Lodge members receiving their 10 year member pin. From left: Constance C Fleischner, J R Fleischner MD.

**Don't forget the Folk Dance on Monday November 8. See Lodge's event list for more info**

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## Cultural Skills Program Music and Musicians of Norway

We have 10 members working on part 1 of their cultural skills pin. It is not too late to join in on the fun. Part 1: Folk Music: Roots of Norwegian Music. This section emphasizes folk music and folk instruments. How old is Norwegian folk music? An exact answer of course is not possible. Songs are frequently mentioned in Old Norse sagas, which date from pre-Christian Norway. Nor can we say which are older—ballads that were sung or the instrumental music that was played. Folk music is of great age and variety, unique to different areas of Norway, and based on long standing traditions. The sharply divided valleys, isolated communities where people lived their lives steeped in inherited customs and limited outside influences all contributed to create and enrich their long-standing traditions.

In the 19<sup>th</sup> century, the Norwegian spirit of nationalism was roused, and in 1848 Ludvig Lindeman received a state subsidy to travel around Norway to collect songs and instrumental tunes. Between 1853 and 1863, he published nearly 750 Norwegian folk tunes in his *Older and Newer Norwegian Mountain Melodies* and subsequent volumes with similar names. These melodies left a strong mark on church hymn-tunes and on Norwegian and other Scandinavian composers. After World War II, when Norwegian musicians again sought to define their music independent of German culture influences, there was a resurgence in Norway of interest in the folk heritage. The following musicians, among many others, helped preserve the roots of Norwegian music:

**Torgeir Augundsson Møller** (1799-1872), legendary Hardanger fiddler

**Ole Bjørneman Bull** (1810-1880), eccentric concert violinist and composer

**Ludwig Mathias Lindeman** (1812-1881), organist and folk music archivist

Sons of Norway Unit 14:  
Music and Musicians of Norway

Come join us on Sunday, November 14<sup>th</sup> at  
Nancy Madson's home: 1:00-3:00 PM.  
Please RSVP to 760-343-0848

*Submitted by  
Luella Grangaard,*

## Melting Glacial Ice Uncovers Artifacts

Scientists and archaeologists in the Jotunheimen mountain region of Norway are facing a unique problem. Glacial ice in the area is receding at an accelerated rate, fast enough it seems that archaeologists are having difficulty recovering the hundreds of artifacts before they are damaged by exposure to open air, causing rot and decay.

Lars Piloe, a Danish scientist working at the site, says "It's like a time machine... the ice has not melted this much for many many centuries. The ice field has receded 60 feet just this year and it is estimated that the artifacts exposed are from 1,500 years ago."

Among the 600 artifacts collected are a number of hunting implements called "scare sticks" that suggest that the area was used to herd and hunt reindeer. Scientists believe that the 3 ft sticks once had a small lightweight stick tied to the top of them--that when set into a line--would rattle in the wind and divert herded reindeer on to the path of hunters. It is believed that this method of herding reindeer would allow hunters to get close enough to effectively use bows and arrows.

Other items recovered in the area in 2006 include bows and arrows and a 3,400-year-old leather shoe. Delicate items such as feathers, wool and leather must be recovered from the site and preserved in a freezer as soon as possible to prevent them from crumbling. Archeologists hope that by studying and preserving the newly-found artifacts they can learn more about the behaviors of the people that lived in the Jotunheimen area of Norway 1,500 years ago.

## The Arctic Circle Center in October



**Don't forget the Folk Dance on  
Monday November 8. See Lodge's  
event list for more info**

## Scandi-Facts

Think you know everything there is to know about Scandinavia? Here's a few fun facts that make for great trivia.

1. Now known world-wide, the inventors of LEGO® toys got started in Billund, Denmark in 1932 manufacturing stepladders.
2. Sweden is known for innovation and inventions. It is the country that first offered the perfected zipper, marine propeller, heart pace maker and even created the first predecessors to the computer mouse. Not to forget the discount furniture retailer IKEA and fashion from H&M.
3. Norway is just a bit larger than the U.S. state of New Mexico and 2/3 of Norway consists of mountain regions.
4. Swedish children participate in an activity much like the American Halloween tradition of door to door "Trick or Treating" during Easter.
5. While Finland is called "The Land of 1,000 lakes," the country has more than 188,000 lakes with 98,000 islands. With a population of around 5 million, that is one lake for every 26 people.
6. The world's largest population of arctic reindeer herders is found in Norway.
7. Reykjavik, the capital of Iceland, has sidewalks that are heated by geothermal heat in the winter.
8. All of the Scandinavian countries are rated among the top ten most peaceful nations according to the Global Peace Index.
9. Norway and Sweden replace hundreds of "moose crossing" traffic signs per year due to theft.
10. Due to the large latitudinal range and varied topography and climate, Norway has a wider variety of different natural environments than almost any other European country.



Carl and Beth Ingvoldstad visiting from Northern California



## Walnut Bread

Makes 2 loaves

- 1 cup chopped walnuts
- 2/3 cup cracked wheat
- 3/4 cup coarse rye flour
- 1 cup fine whole rye flour
- 1 cup creme fraiche or whipping cream
- 2 cups water

Combine all the ingredients and refrigerate overnight. Heat the dough to about 86° F or 30° C and add:

- 1 3/4 ounces fresh yeast
- 1 teaspoon salt
- 2 tablespoons walnut oil
- 5 1/2 cups of flour

Knead the dough. Form into 2 loaves. Let rise. Preheat the oven to 400° F. Brush the loaves with:

- beaten egg white
- milk

Bake 1 hour.

*The Norwegian Kitchen  
by Astrid Karlsen Scott*



## Mulled Wine

- 2/3 cup Port wine
- 2/3 cup Sherry
- 2/3 cup Madeira
- 1/3 cup red wine
- 4 whole cloves
- 2 cardamom pods

Combine in a saucepan and slowly bring to boil. Serve warm in cups with raisins and blanched almonds. Place a teaspoon in each glass.



Marie Maher



Visitors showing their bunads at the anniversary dinner



Robert Haagenson



Linda Kosvic



Ronna Clymens



Nancy Madson and Rex Seawright



Harriet Candelaria



Visitor Eric Herem from Norseman Lodge

## Solnedgang (sunset) Supper Club

November 18, Thursday, 5:00 pm  
"Back Street Bistro"

72820 El Paseo, Palm Desert  
5:30 Sunset special four course meal for  
\$17.00 or may order off menu

Please RSVP by November 16  
Miriam Hendrix: 760-320-9244  
Junelle Pearson: 760-771-9711

## Norwegian Computer Terms

Log On: Makin' da wood stove hotter!!  
Log Off: Don't add no more wood!!  
Monitor: Keepin' am eye on da wood!!  
Download: Gettin' da wood of da truck!!  
Mega Hertz: Ven yer not careful getting' da firewood!!  
Ram: Dat thing dat splits da wood!!  
Hard Drive: Gettin' home in da vinter in da snow!!  
Prompt: Vat da mail ain't in da vinter time!!  
Windows: Vat yew shut ven its cold outside!!



Ardis K Willis



Dancing at our Anniversary Dinner

## Norwegian-American Brunch & Movie

**Saturday, November 6, 2010 11:00 A.M.**

Hope Lutheran Church Social Hall  
45-900 Portola Avenue, Palm Desert

I REMEMBER MAMA - Full length movie about a Norwegian immigrant family in 1910 San Francisco. Movie was made in 1948, and it earned several Academy Award nominations.

Norwegian vaffler (heart waffles), Scandinavian egg pancakes (thin cakes)  
Fruits, egg bake, flatbrød and gjetost, Coffee and juice, Mimosas/Beer/Sodas for sale

\$5.00/person, pay at the door

Free to members (who bring a prospective new member) and their guest. There will be a brief introduction to Sons of Norway for the guests. RSVP to Nancy Madson at [norsknm@earthlink.net](mailto:norsknm@earthlink.net) or leave a message at 760/343-0848.

## Solskinn Lodge Officers - 2010

President	Nancy Madson	343-0848
Vice President	Steinar Johansen	898-3340
Secretary		
Treasurer	Ronna Clymens	464-3893
Financial Secretary	John Strom	568-3483
Social Director	Debera Ellingboe	699-7436
Asst. Social Director:	Luella Grangaard	363-7704
Cultural Director	Luella Grangaard	363-7704
Editor:	Steinar Johansen	898-3340
Publicity Director:	Luella Grangaard	363-7704
Counselor:	Vaughn Simon	203-0279
Trustee:	Richard Selle	863-4898
Trustee:	Norman Larsen	328-1791
Marshal:	Shirley Severtson	202-8214
Asst Marshal:	Sandra Kennedy	366-8486
Greeter:	Inez Murdoch	346-3934
Greeter:	Beverly Espedal	360-8104
Sunshine Girl:	Charlotte Larsen	328-1791
Photographer:	Steinar Johansen	898-3340
Foundation Director:	Berit Reistad	346-6222
Stamp Chairman:	Lois Strom	568-3483
Tel. Tree Chairman:	Donna Lenander	365-6886
Historian:	Marie Maher	346-2066
Musician:	Louise Selle	863-4898
Auditors:	Bob Haagenson	324-3992
	Glenn Bell	340-3985

## SOLSKINN LODGE

### Potluck Dinner

Bring a dish ready to serve. We will keep it chilled or warm as required. If your dish needs to be finished in any way, please be prepared to do the final preparations before serving.

## Saturday, November 20

Hope Lutheran Church Social Hall  
45-900 Portola Avenue, Palm Desert

Social Hour	4:30 P.M.
****Dinner	5:30 P.M.****
Program	6:15 P.M.

Digitizing Genealogical Documents  
Phyllis Peterson & Cheryl Jensen

"Peggy Lee, my Famous Norwegian American Grandmother," by David Foster from Vegas Viking Lodge

Save stamps  
for tubtrim  
cut 1/4 inch  
around the stamp

Steinar Johansen  
1820 N Mira Loma Way  
Palm Springs CA 92262

