



Solglimt Newsletter



Palm Desert

Editor: Steinar Johansen

September 2010



- Upcoming events..... p. 2
- Southern California Krettsstevne..... p. 3
- Norwegian Ingenuity..... p. 4
- District six lodge meeting..... p. 5
- Picture Gallery from June Social..... p. 6

Ord fra Presidenten

Many folks are still up north or traveling. We're not in full swing until October, but our season does kick off with a Potluck Dinner at Hope Lutheran Church on September 18. Luella Grangaard attended Rosemaling classes at the Vesterheim Museum in Decorah, Iowa this summer (lucky gal) and she will be giving a program on Norwegian Rosemaling in September.



Luella and I are attending the International Sons of Norway Convention in Coeur d'Alene, Idaho from the 29th of August until the 1st of September. I will write about the convention next month. Prior to the start of the convention we will be attending an all day Cultural Skills program on Music and Musicians of Norway. We had a little "homework" to do in August, prior to attending the Cultural Skills session, and we intend to get our three levels of music completed in order to get our specialist pins.

We'd like to share this experience with anyone else who might be interested in the Music and Musicians of Norway, by starting a music listening group, starting with Norwegian Folk music, and then on to Norwegian Christmas music, including learning to sing (in a group) some Norwegian Christmas songs. I hope you'll join us. See announcement on page 4.

October will be the lodge's 20th Anniversary. I can't believe it's been 20 years. I still think of us as a "baby lodge," but we're not anymore. I look at pictures from those first years and think how young we all were. We are planning something special on October 23 at Desert Princess Country Club in Cathedral City to celebrate our 20 years. I hope everyone will be able to attend our special night. It's been an amazing 20 years; come help us celebrate.

*Fraternally,
Nancy Madson*



Rosemaling Beginning Class

Saturday 1:30 PM, September 18th
Prior to Lodge meeting

This class will discuss basic strokes, paints and back grounding an item.

Please RSVP to Luella Grangaard
760-363-7704 for materials list

Solskinn Lodge's Events

September	9	Phyllis Peterson's home	Hardanger/Fiber Arts session 3:00 - 5:00 P.M. 760-200-1306 for more information
September	18	Hope Lutheran Church	Beginning Rosemaling class, 1:30 - 3:00 P.M.
September	18	Hope Lutheran Church	Potluck. Rosemaling Program
September	23	Charlotte Larsen's home	Hardanger/Fiber Arts session 3:00 - 5:00 P.M. 760-328-1791 for more information
October	23	Desert Princess Country Club Cathedral City	20th Anniversary Celebration. See Flyer for info
November	6	Hope Lutheran Church	Norwegian Brunch & Movie
November	20	Hope Lutheran Church	Potluck Dinner. Digitizing Genealogical Documents Program "Peggy Lee", my famous Norwegian American grandmother, "David Foster"
December	12	Hope Lutheran Church	Christmas Party

September Birthdays

1	Madson Nancy T
2	Monson Andrew E
2	Ridgway Virginia L
3	Strom John C
4	Namtvedt Lois R
9	Blodgett Anne S
9	Fleischner Constance C
14	Fleischner MD J R
17	Karlsen Edward
17	Willis Ardis K
18	Curtis Carol Louise
19	Kilian Austin F
20	Clymens Noah
23	Arneson Kay M
25	Candelaria Bianca A

Hurra for deg som fyller ditt år, ja deg vil jeg gratulere.
Alle i ring omkring deg vi står, og se, nå vil vi marsjere.

Bukke, nikke, neie, snu oss omkring, danse for deg med hopp og sprett og spring, ønske deg av hjerte alle gode ting og si meg så, hva vil du mere?

GRATULERE!

A Little Lady

A little old lady was running up and down the halls in a nursing home. As she walked, she would flip up the hem of her nightgown and say 'Supersex.' She walked up to an elderly man in a wheelchair. Flipping her gown at him, she said, 'Supersex.'

He sat silently for a moment or two and finally answered, 'I'll take the soup.'

Business/Board Meeting

Tuesday, September 14, 2010 at 4:30

At Nancy Madson's home in Thousand Palms
All board members should attend; any member may attend as a guest. 760-343-0848 for directions

Please RSVP to Nancy

Events Beyond our Valley

September	25-26	Norge Vista Lodge	Viking Festival
October	1-3	Buellton (Near Solvang)	Central California Kretsstevene
October	15-17	Pio Pico Campground	Southern California Kretsstevene. Near Chula Vista

Central California Kretsstevene (CCK)

will be held October 1 - 3 at Flying Flags RV Park, in Buellton, 45 miles north of Santa Barbara on Hwy 101. Buellton is close to Solvang, the Danish town. A motel is right next door to the RV Park, if you don't have an RV. Central California Kretsstevene is known for its Norsk Olympics, in which everyone can participate and go for the gold. A registration form is on the District website, www.sofn6.com. Click on Events on the top menu bar, and then scroll down to October for the CCK and the registration form. Or call Nancy at 343-0848.

Three Sisters

Three sisters, ages 92, 94 and 96, live in a house together. One night the 96-year-old draws a bath. She puts her foot in and pauses. She yells to the other sisters, 'Was I getting in or out of the bath?'

The 94-year-old yells back, 'I don't know. I'll come up and see.' She starts up the stairs and pauses 'Was I going up the stairs or down?'

The 92-year-old is sitting at the kitchen table having tea listening to her sisters, she shakes her head and says, 'I sure hope I never get that forgetful, knock on wood.'

'She then yells, 'I'll come up and help both of you as soon as I see who's at the door.'

Southern California Kretsstevene (SCK)

will be held at Pio Pico Campground in Jamul (east of San Diego) October 15 - 17. This event is a great way to reach out and meet folks from other lodges, enjoy some heritage activities, buy items from several boutiques (think Christmas shopping), enjoy getting out of the desert, and have a relaxing, or activity filled weekend, whichever you prefer, all the while supporting a worthy cause, our very own Camp Norge.

Many people camp for the whole weekend. However, if time is limited or camping not desired, come down for the day, on Saturday.

You may obtain the registration form in this newsletter or from the District website, www.sofn6.com and click on Events on the top menu bar.

Also, please purchase SCK raffle tickets which will be available at the September social and at the September business meeting. First prize is \$100, second prize is \$50, and third prize is \$25. The winners' names will be published in the November newsletter. Good Luck!

*Nancy Madson
Zone 6 Director
SCK treasurer*



Solutions for All Ages *Caring and Capable*

760-346-6222

72655 Highway 111
Suite 3-B

Palm Desert, CA 92260

Fax 760-568-3907

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Norwegian Music and Musicians Cultural Skills Program

Join us for an afternoon of Norwegian music. We will begin by listening to Norwegian Folk music. The series will continue with Norwegian Christmas music. After that we will listen to music from and learn about 19th century composers: Edvard Grieg and Contemporaries. That will be followed by music from the 20th and 21st centuries: Composers, Performers, and Conductors.

Sunday, September 26

- **1:00 – 3:00 Norwegian Folk Music and discussion**
- **Followed by coffee and a Norwegian treat At the home of Nancy Madson in Thousand Palms**
- **Call for directions and/or to RSVP 760/343-0848 You may attend any or all of the series**

Viking Festival in Vista

For the adventurous, Norge Lodge #60 and the Norwegian Fish Club Odin present their annual Viking Festival September 25-26 in Vista. For more information, check out their website, www.VikingFestivalVista.com or ask Nancy Madson for a flyer, 760/343-0848.

Extra Space for Business Cards

Two elderly ladies

had been friends for many decades. Over the years, they had shared all kinds of activities and adventures. Lately, their activities had been limited to meeting a few times a week to play cards.

One day, they were playing cards when one looked at the other and said, 'Now don't get mad at me ... I know we've been friends for a long time, but I just can't think of your name! I've thought and thought, but I can't remember it. Please tell me what your name is..

Her friend glared at her for at least three minutes she just stared and glared at her.

Finally she said, 'How soon do you need to know?'

Norwegian Ingenuity

The Cheese Slicer

Created in Norway in 1925, the cheese slicer was invented by a carpenter from Lillehammer named Thor Bjørklund. Thor looked to the tools of his trade to solve his own cheese-slicing problem--thick slices of cheese. Unsurprisingly, Thor modeled his slicer after a carpenter's plane. Eighty-five years later, the original slicer created by Bjørklund is still available.

Other Cheesy Inventions

- Francois Boullier invented the Cheese Grater in the 1540's.
- Jarlsberg Cheese was invented in Norway in the mid 1850's by Anders Larsen Bakke

The Key Card

Inventor and engineer Tor Sørnes created the first known key cards. His first invention was the plastic recodable holecard key in 1975. The holecard used a series of 32 holes to create 4.2 billion possible combinations. Soon afterward, Tor created and patented the magnetic stripe key card. Today, Tor's invention is in hotels worldwide, however, the first hotel to utilize the original magnetic card was the Peachtree Plaza Hotel in Atlanta.

Extra Space for Business Cards

Sons of Norway District Six

Lodge meeting,

Thirtieth District Meeting

Modesto California, June 24, 25, 26, 2010.

Prior to the meeting a super committee was appointed by the president to review and make recommendations on motions brought before the convention. The super committee was comprised of a member from each Zone.

The first day included roll call, adoption of rules and keynote by International President Dan Rude. There was an open forum with announcements of various activities occurring at convention and throughout the district. This was followed by a memorial for deceased members from the past biennium.

Lodge newsletter contest winners included: large lodge—Valhall #25, med lodge—Victory #43, and small lodge—Sunjord #65. Declarations for district officers were made. An election committee was appointed.

Business:

- R-1: Any change of mission statement will be by the International Board – motion passed.
- R-2: Composition of the Recreation Center Board - must be a District 6 member and reside in District 6, this was amended and passed.
- R-3: Change term limits of Secretary and Treasurer—motion was defeated.
- R-5 Website—motion was withdrawn.
- R-6 Change of name of “Business meeting” to “Fraternal Meeting” was defeated

Founder's awards were given for lodges that had more the 3% growth. They included Henrik Ibsen, Andrew Furuseth, Stein Fjell, Overtro Fjell, Vikings of Lake, and Solskinn.

Day 2 was primarily announcements and awards. Candidate speeches were given. There were then breakout sessions on various tools to help with lodge programming in different culture areas. One of the sessions was run by our own Nancy Madson.

Day 3 Business:

- R-4 Salary law change was to change the salary for the District Secretary and Treasurer. This motion was defeated

Elections were held and the following are the new district officers: President Lyle Berge, Vice –President Mary Beth Ingvoldstad, Secretary Wendy Winkleman, Treasurer Roger Espeland, Public Relations Officer Erik Pappa, Zone Directors Zone 1 Carol Francis, Zone 2 Robert Sather, Zone 3 Irene Jordahl, Zone 5 Ordale Johnson, Zone 6 Nancy Madson, Zone 7 Bob Dahl and Zone 8 Crystal Sundet. Janie Kelly was elected as District 6 International Director.

Delegates to International Convention were elected from each zone.

Our Solskinn lodge accomplishments: Founder's Award of \$100 for lodge growth and a 2008 & 2009 silver Merit Award. In the Arts and Crafts Exhibition, our lodge had 11 entries. The following were winners: Figure carving --Richard Selle 1st and 2nd Kolrosing—Richard Selle 1st and 2nd, Hardanger Adult Amateur --Cheryl Jensen 1st, Hardanger Adult Professional—Nancy Madson 2nd and knitting—Connie Fleischner.

If you have any questions about convention please contact your delegates: Luella Grangaard, Debera Ellingboe and Ronna Clymens.

Culinary Quirks

Every culture has its own food-based traditions. Let's take a look at some of Norway's mealtime customs that could seem a bit different to Americans.

Mealtimes

Breakfast in Norway usually is typically eaten early in the morning, with cheeses and cold roasted meats, sausages and fish. Because Norwegians tend to be early risers, lunch usually falls between 11:30 a.m. and 12 noon. Lunch usually consists of open-faced sandwiches. Typically Norwegians will eat one warm meal per day, most often this middag meal is prepared for dinner at 4:00 or 5:00 p.m. Dinner time meals are often simple but hearty, featuring fish or various types of meat and vegetables. It is also not uncommon for Norwegian families to enjoy a light 4th meal after middag called aftens or kveldsmat.

Coffee

Norwegians are probably the biggest coffee lovers in the world. Norwegians typically drink plain dark coffee, but international coffee trends like lattes and cappuccinos are becoming more popular. Drinking coffee is so prevalent in Norwegian culture that it is an important part of their social life.

Seasonal Treats

Norwegians make many special dishes for holidays and celebrations, quite often with local and natural ingredients like fresh fish, lamb and cloudberries. There are also many local variations of Norwegian specialties from certain areas of the country. For example, in Western Norway lefse is made without potatoes, while Lofoten has its own version of Norwegian fish soup.





Rex Seawright, Marie Maher



Jim & Phyllis Peterson



Else Jacobs, Inez Murdoch



Alan Murdoch, Richard Candelaria, Vaughn Simon



Miriam Henrix



Berit Reistad, Inger Grønn



Vaughn Simon



Nancy Madson

Solnedgang (sunset) Supper Club

No
Supper Club
in
September

Hope you had a great Summer

Two elderly women

were out driving in a large car - both could barely see over the dashboard. As they were cruising along, they came to an intersection. The stoplight was red, but they just went on through.

The woman in the passenger seat thought to herself 'I must be losing it. I could have sworn we just went through a red light.' After a few more minutes, they came to another intersection and the light was red. Again, they went right through. The woman in the passenger seat was almost sure that the light had been red but was really concerned that she was losing it. She was getting nervous. At the next intersection, sure enough, the light was red and they went on through. So, she turned to the other woman and said, 'Mildred, did you know that we just ran through three red lights in a row? You could have killed us both!'

Midred turned to her and said, 'Oh, crap, am I driving?'



Tone Chaplin



JR

Single Premium Deferred Annuity Rates

<u>Deposit Amount</u>	Current interest rate		First Year interest Bonus		Total 1st year return
\$ 10,000 - \$ 24,999	3.35%	+	1.00%	=	4.35%
\$ 25,000 - \$ 49,999	3.65%	+	1.00%	=	4.65%
\$ 50,000 - \$ 99,999	3.80%	+	1.00%	=	4.80%
\$100,000 - \$249,999	3.90%	+	1.15%	=	5.05%
\$250,000 and over	3.90%	+	1.60%	=	5.50%

Cerificates are credited a first year interest bonus from 1.00% to 1.60%(1% in Oregon) in addition to the current interest rate. The total first year return above includes the current interest rate and the first year interest bonus. Current interest rates are subject to change.

Contact: Dennis Burreson, (800) 448-2499 or
Email: res03knl@charter.net

Solskinn Lodge Officers - 2010

President	Nancy Madson	343-0848
Vice President	Steinar Johansen	898-3340
Secretary		
Treasurer	Ronna Clymens	464-3893
Financial Secretary	John Strom	568-3483
Social Director	Debera Ellingboe	699-7436
Asst. Social Director:	Luella Grangaard	363-7704
Cultural Director	Luella Grangaard	363-7704
Editor:	Steinar Johansen	898-3340
Publicity Director:	Luella Grangaard	363-7704
Counselor:	Vaughn Simon	203-0279
Trustee:	Richard Selle	863-4898
Trustee:	Norman Larsen	328-1791
Marshal:	Shirley Severtson	202-8214
Asst Marshal:	Sandra Kennedy	366-8486
Greeter:	Inez Murdoch	346-3934
Greeter:	Beverly Espedal	360-8104
Sunshine Girl:	Charlotte Larsen	328-1791
Photographer:	Steinar Johansen	898-3340
Foundation Director:	Berit Reistad	346-6222
Stamp Chairman:	Lois Strom	568-3483
Tel. Tree Chairman:	Donna Lenander	365-6886
Historian:	Marie Maher	346-2066
Musician:	Louise Selle	863-4898
Auditors:	Bob Haagenson	324-3992
	Glenn Bell	340-3985

SOLSKINN LODGE End of Summer Potluck Dinner

Bring a dish ready to serve. We will keep it chilled or warm as required. If your dish needs to be finished in any way, be prepared to do the final preparations before serving.

Saturday, September 18

Hope Lutheran Church Social Hall
45-900 Portola Avenue, Palm Desert

Social time 5:00 P.M.
Dinner 5:30 P.M. ***
Program 6:30 P.M.

*** Dinner time has changed

Program on Norwegian Rosemaling

Display and/or tell about your rosemaled items
Rosemaling presentation by Luella Grangaard

Save stamps
for tubtrim
cut 1/4 inch
around the stamp

Steinar Johansen
1820 N Mira Loma Way
Palm Springs CA 92262

